Standing Strong Together in Wellbeing

An event for Leaders, Educators, Parents and Professionals who work in schools.

Date

Wednesday 9 and Thursday 10 August 2023

Venue

Ellerslie Event Centre, 100 Ascot Avenue, Ellerslie

Hosted by

Ngā Manu Āwhina RTLB Cluster 8



The rock that stands in the sea



Event Speakers

Dr Sonja Macfarlane

Associate Professor, Massey University

Dr Melinda Webber

Professor Te Puna Wānanga, The University of Auckland

Dr Jean Mitaera

Whitirea, WelTec, Te Pukenga

Dr Dawn Huebner

Psychologist, Parent Coach, and Author

Dr Kristy Goodwin

Speaker, Author and Researcher

Dr Karolina Stasiak

University of Auckland

Paul Tupou-Vea

Clifftop Wellbeing

Mike King

I Am Hope

Lisa Bunker

Author Children's Books

Kathryn Berkett

Engage Neuroscience Training

Abbe Waghorn

Sir John Kirwan Foundation

Jolene Stockman

Author and TEDx Speaker

Jase Te Patu

MC and Wellbeing Advocate







We are inviting all in our school communities and those working with children to come together, to share, to learn, to focus on a hopeful future, standing together and strong in wellbeing. The wellbeing conversation is an important one that we are committed to supporting, providing opportunities for all in our school communities to engage in.

Over the past few years the world has changed in so many ways, and so has the way we navigate it. We have designed the event in response to your feedback. A focus on how we continue to lead with hope and seed hope, and about how we 'mahia te mahi' to support children and the adults around them in ways that build strengths, capitalising and powering up the opportunities and strengths that diversity offers. Whilst the event has an emphasis on proactive, positive and preventative models and frameworks to enable and empower our students, teachers and school communities to flourish, at the same time given the pandemic and



Stand through life firm as a rock in the sea, undisturbed and unmoved by its rising waves

weather events we are also looking at the latest neuroscience and how to lead, address and support re-engagement and also address anxiety and trauma.

The event will cover themes of culturally aware practice in wellbeing, support for anxious children and young people, countering the impact of trauma, the digital environment, neuroscience and schoolwide approaches in wellbeing. This is an opportunity to acknowledge what you are doing well, to discover what could be done, to build on well-being passions, strengths and interests, to gain knowledge and skills, and to build connections and relationships.

Ngā Manu Āwhina RTLB Cluster 8 welcomes members of our school communities, teachers, parents, service providers to this inspiring and informative event for 2023. At this event we are calling you -all those who are involved in working with children, all of you who have children, to come together, to build on the best in ourselves and our children. Come join us for this event, together we can achieve something remarkable.

Who should attend?

School wellbeing champions, SENCOs, Leaders, Learning Support Coordinators, Teachers, Student Support Services, Ministry of Education Learning Support, social workers, counsellors, parents...

About Ngā Manu Āwhina RTLB Cluster 8

We are a team of Resource Teachers: Learning and Behaviour, specialist teachers, who work in the 51 schools of Cluster 8. Our team supports the teachers and families/whānau of children, and young people experiencing learning and behaviour difficulties at school. Wellbeing has always been at the heart of our work, helping schools and teachers create safe, positive and supportive learning environments for their students and to enable all to be at their best. Each year we gather inspirational and informative speakers to help us all in this work.



Hui te mārama hei purapura ora

Working together to nurture and support the growth and wellbeing of mokopuna.

Dr Wayne Ngata, Raukura Chief Advisor Te Ao Māori (2019)