

Student:

Year:

DOB:

Date:

Date of Review:

Attended by:

Name / Role

Apologies:

Taha Hinengaro: Mental and Emotional Wellbeing

- *Mind, heart, conscience, thoughts and feelings / Communication, thinking and feeling*

Taha Tinana: Physical Wellbeing

- *How your body grows, feels and moves, and how you care for it / Physical growth and development*

Taha Wairua: Spiritual Wellbeing

- *Beliefs, values, traditions and practices that support self-awareness and identity / human connection to environment*

Taha Whanau: Social Wellbeing

- *Who makes you feel like you belong, who you care about and who you share your life with / Belonging, caring and sharing*

Whenua

- *Identity, roots*



https://www.facebook.com/tetih/posts/29707503031047?comment_id=2979872745574696&reply_comment_id=297980965561064

Whenua / Place of Belonging / Identity

Looking Ahead – Where do we hope to be?

Taha Hinengaro: Mental and Emotional Wellbeing

Mind, heart, conscience, thoughts and feelings / Communication, thinking and feeling

Strengths / Recommendations from whānau / Supporting Agencies

Goal

How	Resources / Approaches	Who	When	How will we know we are successful

Taha Tinana: Physical Wellbeing

How your body grows, feels and moves, and how you care for it / Physical growth and development

Strengths / Recommendations from whānau / Supporting Agencies

Goal

How	Resources / Approaches	Who	When	How will we know we are successful
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Taha Wairua: Spiritual Wellbeing

Beliefs, values, traditions and practices that support self-awareness and identity / human connection to environment

Strengths / Recommendations from whānau / Supporting Agencies

Goal

How	Resources / Approaches	Who	When	How will we know we are successful
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Taha Whanau: Social Wellbeing
Who makes you feel like you belong, who you care about and who you share your life with

Strengths / Recommendations from whānua / Supporting Agencies				
Goal				
How	Resources / Approaches	Who	When	How will we know we are successful

Points for Further Consideration

Resources / Approaches	Focus	Who	When